



USDBC Mexico Report

Mexico Crop and Market Update
July 2025 USDBC Report

US Dry Bean Council Representation Office Mexico City
Mercialimentos Consultores SC
info@mercalimentos.net

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2025 Mexico Crop and Market Update - July

USDBC Mexico July 2025 Monthly Report

2025 Spring-Summer Beans – August 1st Update

- Until June 30th, the government reported that 328,915 hectares have been planted, with Zacatecas planting closet 100 thousand hectares and San Luis Potosi over 53 thousand hectares, together accounting almost 50% of the planted.

- Precipitations continued to favor the bean areas and at the end of July, reportedly, Zacatecas, Durango and Chihuahua, have planted around 50% of their dry bean planting areas

-Planting Intention was published in mid-July, based on the amount of rainfall received in June and first 10 days of July, that helped to gradually reverse the intense drought, the government assessed the potential and now expects that 1.3 million hectares will be planted nationwide with dry beans this cycle, +8.3% higher than in 2024, expecting a total production of 857 thousand MT, +8% higher than in 2024.

-According to this intention, the five states followed by the USDBC are expected to plant 82.5% of the total - 1,095,772 hectares, and contribute with 75% - 641,406 MT of the total production:

48% - 630,714 has. in Zacatecas, expecting a production of 331,701 MT

17% - 219,852 has. in Durango, expecting a production of 130,961

9% - 123,256 has. in San Luis Potosi, expecting a production of 67,658 MT

5% - 75,520 has. in Chihuahua, expecting a production of 73,773 MT

3.5%- 46,230 has. in Guanajuato expecting a production of 37,373 MT

- Small bean producers in Zacatecas, Durango and Chihuahua, received San Luis Black and Pinto Saltillo seed in the last days of June, with 75% subsidy: 50% paid by the federal government, 25% by the state government and 25% the producers. Zacatecas was the main receiver of the certified seed, however, producers considered that seed was low-quality. Durango reportedly received less subsidized seed and is completing with 2024 pinto Saltillo beans, to plant this cycle.

2025 Mexico Crop and Market Update - July

GOVERNMENT'S OFFICIAL 2025 SPRING - SUMMER CYCLE MEXICO DRY BEANS PLANTING SEASON IRRIGATED + DRYLAND SITUATION UNTIL June 30, 2025								
STATE	SURFACE - HECTARES				PRODUCTION - MT		YIELD KG/HA	
	Government's Planting Intention hectares	Planted hectares according to Government	Harvested according to government	Damaged according to government	Government Expectation	Obtained according to Government	Expected by Government	Obtained according to Government
CHIAPAS	72,625	52,651	-	2	44,688		620	
CHIHUAHUA	75,520	12,139	-		73,773		980	
DURANGO	219,852	1,411	-		130,961		600	
GUANAJUATO	46,230	24,498	-		37,373		810	
GUERRERO	13,182	1,199	-		11,493		870	
MEXICO	2,623	1,878	-		2,976		1,130	
MICHOACAN	2,420	1,137	-		3,033		1,250	
OAXACA	28,062	15,722	-		21,640		770	
PUEBLA	42,789	35,995	-		37,200		870	
QUERETARO	3,322	2,461	-		2,619		790	
SAN LUIS POTOSI	123,256	53,863	-		67,658		550	
ZACATECAS	630,714	99,119	-		331,701		530	
OTHER	50,976	26,843	-		91,947		1,804	
TOTAL	1,311,571	328,915	-	148	857,062		650	

Source: SIAP

Mexican Market Situation August 1st, Update

-After announcing on July 12th, the implementation of tariffs as part of Fentanyl Sanctions. On July 30th, President Trump paused for 90 days the 30% Tariffs to Mexican imports on that were scheduled to start on August 1st

-The tariffs that remain in place: **Steel, Aluminum, Beer, Beer Cans and Cars made in Mexico**, On June 3rd, President Trump announced the increase of these tariffs to 50%, -up from 25% last month, effective first minute of June 4th. **Mexican Tomatoes** receiving 20.91% tariff since July 14, 2025

-**Importers concerned** about the potential black bean prices drop, with enough stocks of imported beans purchased at high prices, due to the good planting expectations in Mexico, **high inventories, and coming volumes from Brazil, Argentina**. Reportedly, around 5 thousand MT of Brazilian black beans, will arrive to Mexico soon

-Price lowering factors include Argentina and Brazil's production, that reportedly will be enough to export to Mexico, currently offering prices around US\$730/MT for Brazilian black beans, and US\$800 for Argentinean blacks, and Mexico with the potential to plant a larger area than in the past three years.

-**Total Bean imports from all origins** continued mounting into May 2025, accumulating 216,645 MT – 82% of the market share, with a value of US\$229,051,261 million, extremely high, considering the high stocks in hands of the importers since earlier this year. **Accumulated US bean imports in the September-May period** of the Commercial Year 2025, reached 164,830 MT / US\$176,667,455 with 76% of the market share until May

2025 Mexico Crop and Market Update - July

2022-2025 September to August - U.S. DRY BEANS to MEXICO - USDA COMMERCIAL YEAR IMPORTS according to Mexican data															
TARIFF CODE / DESCRIPTION	2021			2022			2023			2024			2025 (Set2024-May 2025)		
	MT	US\$	Market Share %	MT	US\$	Market Share %	MT	US\$	Market Share %	MT	US\$	Market Share %	MT	US\$	Market Share %
	n/a	n/a		n/a	n/a		n/a	n/a		n/a	n/a		n/a	n/a	
Black, pinto, white and other beans 0713.33.99	n/a	n/a		n/a	n/a		n/a	n/a		n/a	n/a		n/a	n/a	
TOTAL	210,016	188,214,078	90%	61,622	69,555,586	92%	145,773	171,509,346	84%	331,777	403,389,678	73%	164,830	176,667,455	76%

USDA COMMERCIAL YEAR SEPTEMBER 2024 / AUGUST 2025 Mexico's Dry Bean Imports-All Origins					
All beans: pintos, black, white, all 0713.33.99	COUNTRY OF ORIGIN	VOLUME IN KILOGRAMS	VOLUME METRIC TONS	Avg. market share USA 76%	COMMERCIAL VALUE USD
TOTAL	ALL	216,645,052	216,645		\$229,051,261
May 2025	USA	20,072,554	20,073	82%	19,623,349
May 2024	CANADA	2,554,580	2,554	10%	2,678,214
May 2024	BRAZIL	1,605,000	1,605	7%	1,420,900
May 2024	CHINA	0	0	0.0%	0
May 2024	ARGENTINA	250,000	250	1.0%	203,203
Subtotal		24,482,134	24,482	100%	23,925,666
April 2025	USA	22,904,454	22,904	81%	23,296,087
April 2025	CANADA	4,805,060	4,805	17%	5,126,991
April 2025	ARGENTINA	0	-	0%	0
April 2025	CHINA	0	0	0%	0
April 2025	BRAZIL	500,000	500	2%	464,250
Subtotal		28,209,514	28,209	100%	28,887,328
March 2024	USA	20,816,663	20,816	84%	21,892,098
March 2025	CANADA	3,579,844	3,580	15%	3,855,884
March 2025	BRAZIL	250,000	250	1%	227,500
March 2025	CHINA	24,971	25	0%	74,766
Subtotal		24,671,478	24,671	100%	26,050,248
February 2025	USA	14,246,698	14,247	90%	15,021,206
February 2024	CANADA	1,482,388	1,482	9%	1,614,355
February 2024	ARGENTINA	0	-	0%	0
February 2024	CHINA	42,000	42	1%	81,552
Subtotal		15,771,086	15,771	100%	16,717,113
January 2025	USA	9,602,620	9,603	70%	10,081,604
January 2025	CANADA	3,675,598	3,676	27%	3,983,869
January 2025	ARGENTINA	0	-	0%	0
January 2025	CHINA	0	0	0%	0
January 2025	BRAZIL	500,000	500	3%	550,000
Subtotal		13,778,218	13,778	100%	14,615,473
December 2024	USA	8,076,579	8,077	91%	8,820,756
December 2024	CANADA	698,433	698	8%	792,887
December 2024	BOLIVIA	72,000	72	2%	93,600
Subtotal		8,847,012	8,847	100%	9,707,243
November 2024	USA	18,332,953	18,333	73%	20,231,283
November 2024	CANADA	2,864,135	2,864	11%	3,176,263
November 2024	ARGENTINA	3,078,260	3,078	12%	3,555,813
November 2024	BRAZIL	1,000,000	1,000	4%	1,170,000
Subtotal		25,275,348	25,275	100%	28,133,359
October 2024	USA	30,101,643	30,102	70%	33,718,114
October 2024	CANADA	4,909,328	4,909	11%	5,567,428
October 2024	ARGENTINA	7,555,050	7,555	18%	8,796,702
October 2024	BRAZIL	375,000	375	1%	454,750
Subtotal		42,941,021	42,941	100%	48,536,994
September 2024	USA	20,675,243	20,675	63%	23,982,958
September 2024	ARGENTINA	9,012,290	9,012	28%	10,909,336
September 2024	BRAZIL	1,847,600	1,848	6%	2,182,244
September 2024	CANADA	1,134,108	1,134	3%	1,403,299
Subtotal		32,669,241	32,669	100%	38,477,837

2025 Mexico Crop and Market Update - July

Agricultural Year Summary - Mexican Bean Crop – Government Numbers

2020-2025 Information obtained from the Agricultural Years' Official Closing including Spring-Summer and Fall-Winter cycles

*Government numbers used here, are only a reference, as these are potentially 30% higher than reality

STATE	2025 Fall Winter+ Spring-Summer June 30, 2025 Update				
	Intention	Planted has.	Harvested	Yield kg	Production MT
Zacatecas	630,714	99,119	-		-
Durango	219,852	1,411	-		-
Chihuahua	75,720	12,139	-		-
Chiapas	72,625	52,651	-		-
San Luis Potosi	123,256	53,863	-		-
Guanajuato	46,230	8,470	-		-
Sinaloa	90,718	109,753	86,248	1,950	167,863
Nayarit	62,910	64,651	52,993	860	45,786
Other States	245,074	201,488	66,861	728	48,714
Total	1,567,099	603,454	206,102	1,270	262,363

Source: Prepared by Mercalimentos with Mexican Department of Ag (SADER) Ag. Information agency (SIAP)

MX DRY BEANS HISTORIC - AGRICULTURAL YEAR TWO CYCLES - SEPTEMBER TO AUGUST NEXT YEAR									
METRIC TONS - GOVERNMENT NUMBERS									
	2020	Variation	2021	Variation	2022	Variation	2023	Variation	2024 Year Closing
Carry in est.	335,000	10.18%	369,089	71.58%	633,273	-19.37%	510,582	-45.12%	280,199
Ag.Y Production	1,056,071	10.89%	1,171,108	-17.57%	965,371	-25.04%	723,642	40.21%	1,014,631
Imports	116,392	95.67%	227,742	-70.26%	67,730	150.96%	169,975	168.73%	456,777
Total Supply	1,507,463	17.21%	1,766,939	-5.69%	1,666,374	-15.73%	1,404,199	24.74%	1,751,607
Annual Demand EST.	1,098,000	0.00%	1,098,000	0.00%	1,098,000	0.00%	1,098,000	0.00%	1,098,000
Exports	41,734	-14.54%	35,666	62.04%	57,792	-55.01%	26,000	15.38%	30,000
Carry Over (EST)	368,089	72.04%	633,273	-19.37%	510,582	-45.12%	280,199	122.56%	623,607

Source: Prepared by Mercalimentos with Mexican Department of Ag (SADER) Ag. Information agency (SIAP)

2025 FALL-WINTER GARBANZOS – July 30th Update

- 2025 chickpea production final numbers in Sinaloa continues at 150 thousand MT
- Price paid to producer remains around MX\$19,000 / US\$950 per MT, under the reference price of MX\$21 thousand / US\$1,000 pesos per MT of garbanzo, set by the government
- Garbanzo exports continue progressing and in the commercial year June to May 2025, exports reached 163,560. Top 5 export markets for MX garbanzos in this period: Turkey 66,967 MT / US\$104.9 million, 42%; Spain 18,450 MT/ US\$23.6 million 9.5%; Algeria 10,486 MT / US\$18.3 million 7.4%; USA 10,252MT / US\$15 million, 6.1%; UAE 8,124 MT / US\$11.7 million, 4.8%.

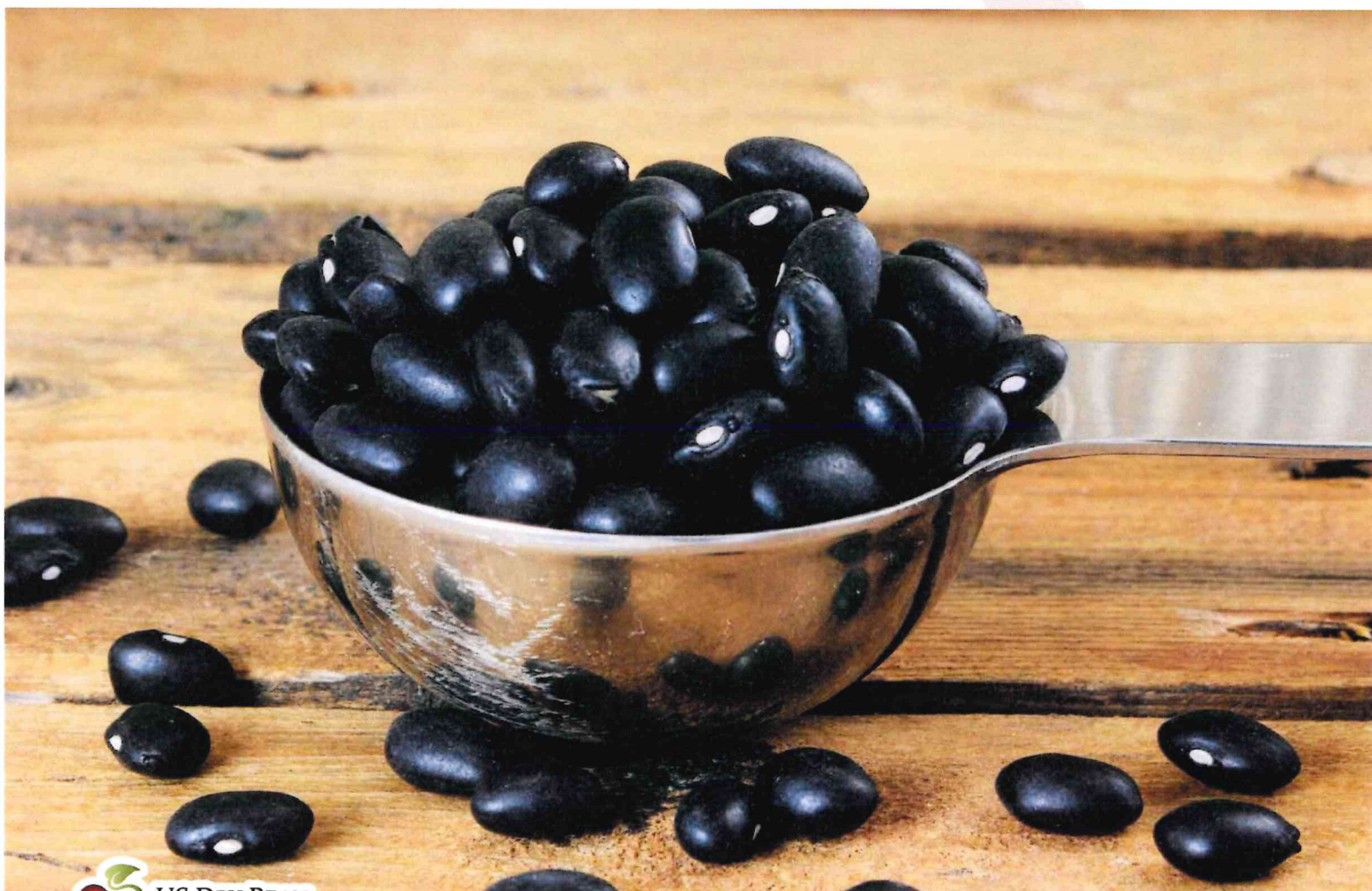


2025 Mexico Crop and Market Update - July

Mexico National - 5 Y Grabanzo-Chickpea Planting-Harvesting -Production Hectares - MT FALL-WINTER CROP					
According to Government - End of 2025 FW Cycle:	2021	2022	2023	2024	2025 *Until May 2025
Government's Planting Intention - hectares nationwide	88,471	96,349	114,830	86,874	92,771
Planted Government - hectares nationwide	87,493	104,978	66,513	122,186	118,207
Harvested Government - hectares nationwide	87,493	104,978	66,484	121,814	111,016
Planted Government - hectares in Sinaloa					90,829
Harvested Government - hectares in Sinaloa					85,203
Own Est. w/local trade assoc and government:					
Production - MT in Sinaloa	165,372	178,423	130,418	260,514	150,000
Apparent Carry-in MT	132,355	127,203	119,207	91,197	177,313
Seed, waste and domestic consumption MT	30,000	30,000	30,000	30,000	30,000
subtotal	267,727	275,626	219,625	313,906	297,313
Exports- customs *June to May every year MT	140,524	156,419	128,428	136,593	163,560
Apparent carryover MT	127,203	119,207	91,197	177,313	133,753
Average Price Paid to Producer per MT	US\$800	US\$1,050	US\$1,050	US\$750	US\$1,000
Average Export Price per MT	US\$1,045	US\$1,301	US\$1,568	US\$1,688	US\$1,510

* Blue numbers are Est. / *Numbers until May 2025

Source: Prepared by Mercalimentos with SIAP,own and trade estimations and Mexican Customs



CENTRAL MARKET PRICES AND ANALYSIS BY USDBC

USDBC Disclaimer: In the following section the USDBC Mexico office analyzes dry bean prices from SNIIM reports. In addition, the USDBC Mexico office place calls to the Mexican trade to complement the information. The USDBC will not be responsible for third party transactions based on this report.

- **US Black beans average prices in July vs. June 2025:** In Mexico City, -6.7 reduction; -9% in Monterrey and a slight recovery of +3% in Guadalajara. Average price remains at MX\$31.5 / US\$1.5 per kilo. Despite of the decreases in July, for fourth consecutive month, **US black prices were 3% higher than MX blacks avg. price.**
- **US Pinto beans prices in July vs. June 2025,** were steady in Mexico City and in Monterrey, however, registered a big drop of -20% in Guadalajara. Avg. price passed from MX\$31 / US\$1.55 to MX\$28 / US\$1.35 per kilo. This month US pinto prices were **+9% higher than average price of MX pintos** MX\$26 / US\$1.35 per kilo
- **U.S. Large and Small Alubias Prices in July vs. June 2025,** large and small alubias, after having a big increase of +21% in Monterrey last month, in July, they lost -20%, and in Guadalajara recovered 7% after last month's -19% reduction. Prices remained in the area of MX\$30 to MX\$37 per/ US\$1.55 to US\$1.80 per kilo, depending on size and market
- **Peruanos, Mayocoba, Azufrados prices in July vs. June 2025,** stable in MX City, Monterrey, and Guadalajara, from MS\$29 to MX\$33 - US\$1.45 to US\$1.6 per kilo. Azufrado prices decreased -10%, now at MX\$45 / US\$2., down from MX\$49 / US\$2.45 per kilo
- **Mexican colored varieties: Bayos, Canario, Cacahuete, Flor de Mayo and Flor de Junio prices, July vs. June 2025** steady, prices still around MX\$32 / US\$1.60 per kilo. Bayo beans continue at very high prices of up to MX\$59 / US\$2.90 per kilo
- **Mexican Small & Large Garbanzos prices in July vs. June 2025,** large garbanzos in Mexico City, Monterrey and Guadalajara starting to settle down with avg. prices MX\$33 / US\$1.65 per kilo.



2025 Mexico Crop and Market Update - July

MONTH: July 2025 vs. June 2025										
MONTHLY CENTRAL MARKET WHOLESALE AND SEMI-WHOLESALE REPORT										
PRODUCT	product origin	MEXICO CITY price (\$/KG)		VAR	MONTERREY price (\$/KG)		VAR	GUADALAJARA price (\$/KG)		VAR
		current	past		current	past		current	past	
VARIETY	state / country	07 30 25	06 30 25	%	07 30 25	06 30 25	%	07 30 25	06 30 25	%
Imported Black	Imported	28.00	30.00	-6.67%	30.00	33.00	-9.09%	32.00	31.00	3.23%
Jamapa Black	Zacatecas							31.00	31.00	0.00%
Nayarit Black	Nayarit	26.00	26.00	0.00%				26.00	34.00	-23.53%
San Luis Black	Zacatecas	34.00	34.00	0.00%				30.00	36.00	-16.67%
Veracruz Black	Veracruz	35.00	35.00	0.00%						0.00%
Imported Pintos	Imported	28.00	28.00	0.00%	29.00	29.00	0.00%	26.50	33.00	0.00%
Pinto Saltillo	Zacatecas									
Pinto Saltillo	Nayarit							26.50	26.00	1.92%
Pinto Saltillo	Chihuahua	28.00	28.00	0.00%	25.00	25.00	0.00%			0.00%
Pinto Saltillo	Durango						0.00%			
Small Alubia	Imported	30.50	30.50	0.00%	32.00	40.00	-20.00%	32.00	30.00	6.67%
Large Alubia	Imported	37.50	37.50	0.00%	32.00	40.00	-20.00%	34.00	34.00	0.00%
Flor de Junio	Zacatecas	31.00	32.00	-3.13%				27.00	26.00	3.85%
Flor de Mayo	Zacatecas	32.00	34.00	-5.88%				28.00	26.00	7.69%
Bayo Berrendo	Jalisco							35.00	35.00	0.00%
Bayo	Zacatecas	39.00	39.00	0.00%				59.00	53.00	11.32%
Garbancillo	Zacatecas	46.50	46.50	0.00%						0.00%
Canario	Sinaloa							28.00	28.00	0.00%
Cacahuete Bola	Jalisco	36.00	33.00	9.09%				28.00		0.00%
Garbancillo Zarco	Jalisco									0.00%
Azufrado	Sinaloa			0.00%				45.00	49.00	-8.16%
Mayocoba	Sinaloa			0.00%				29.00	31.00	
Peruano	Sinaloa	31.00	31.00	0.00%	33.00	32.00	3.13%	29.00	30.00	-3.33%
Small Chickpea	Sinaloa	27.00	30.00	-10.00%	27.00	30.00	-10.00%	31.00	32.50	-4.62%
Large Chickpea	Sinaloa	30.00	32.50	-7.69%	27.00	30.00	-10.00%	32.00	35.00	-8.57%

MONTH: July 2025 vs. June 2025										
MONTHLY CENTRAL MARKET WHOLESALE AND SEMI-WHOLESALE REPORT										
PRODUCT	product origin	SINALOA price (\$/KG)		VAR	ZACATECAS price (\$/KG)		VAR	CHIHUAHUA price (\$/KG)		VAR
		current	past		current	past		current	past	
VARIETY	state / country	07 30 25	06 30 25	%	07 30 25	06 30 25	%	07 30 25	06 30 25	%
Imported Black	Imported									
Jamapa Black	Zacatecas				28.00	28.00	0.00%			
Nayarit Black	Nayarit									
San Luis Black	Zacatecas				24.00	27.00	-11.11%			
Veracruz Black	Veracruz									
Imported Pintos	Imported							28.00	28.00	0.00%
Pinto Saltillo	Zacatecas				24.00	24.00	0.00%			
Pinto Saltillo	Nayarit									
Pinto Saltillo	Chihuahua						0.00%	27.00	24.00	12.50%
Pinto Saltillo	Durango									
Small Alubia	Imported				28.00	21.00	33.33%	36.00	37.00	-2.70%
Large Alubia	Imported				22.00	22.00				
Flor de Junio	Zacatecas						0.00%			0.00%
Flor de Mayo	Zacatecas				24.00	24.00	0.00%	37.00	37.00	0.00%
Bayo Berrendo	Jalisco							34.00	34.00	0.00%
Bayo	Zacatecas				26.00	29.00	-10.34%	27.00	32.00	-15.63%
Garbancillo	Zacatecas						0.00%			0.00%
Canario	Sinaloa									
Cacahuete Bola	Jalisco						0.00%			0.00%
Garbancillo Zarco	Jalisco						0.00%			0.00%
Azufrado	Sinaloa	32.00	32.00	0.00%						
Mayocoba	Sinaloa	29.00	29.00	0.00%						
Peruano	Sinaloa	29.00	29.00	0.00%	32.00	30.00	6.67%			
Small Chickpea	Sinaloa				28.00	30.00	-6.67%			
Large Chickpea	Sinaloa	25.00	24.00	4.17%	30.00	30.00		36.00	36.00	0.00%

2025 Mexico Crop and Market Update - July

MONTH: July 2025 vs. June 2025										
MONTHLY CENTRAL MARKET WHOLESALE AND SEMI-WHOLESALE REPORT										
PRODUCT VARIETY	product origin state / country	NAYARIT price (\$/KG)		VAR %	YUCATAN price (\$/KG)		VAR %	DURANGO price (\$/KG)		VAR %
		current 07 30 25	past 06 30 25		current 07 30 25	past 06 30 25		current 07 30 25	past 06 30 25	
Imported Black	Imported									
Jamapa Black	Zacatecas									
Nayarit Black	Nayarit	n/a	37.00							
San Luis Black	Zacatecas				28.00	30.00	-6.67%	35.00	35.00	
Veracruz Black	Veracruz									
Chiapas Black	Chiapas									
Imported Pintos	Imported									
Pinto Saltillo	Zacatecas	n/a	32.50		30.00					
Pinto Saltillo	Nayarit	n/a	35.00							
Pinto Saltillo	Chihuahua									
Pinto Saltillo	Durango							28.00	28.00	0.00%
Small Alubia	Imported				35.00	35.00	0.00%			
Large Alubia	Imported	n/a	58.00							
Flor de Junio	Zacatecas	n/a	47.00							
Flor de Mayo	Zacatecas	n/a	51.00		45.00	45.00	0.00%	32.00	32.00	0.00%
Bayo Berrendo	Jalisco	n/a	37.00							
Bayo	Zacatecas	n/a	49.00		40.00	40.00		32.00	35.00	-8.57%
Garbancillo	Zacatecas	n/a	59.00							
Canario	Sinaloa									
Garbancillo Zarco	Jalisco									
Azufrado	Sinaloa	n/a	53.00							
Mayocoba	Sinaloa	n/a	47.00							
Peruano	Nayarit	n/a	41.00		44.00	44.00		40.00	40.00	0.00%

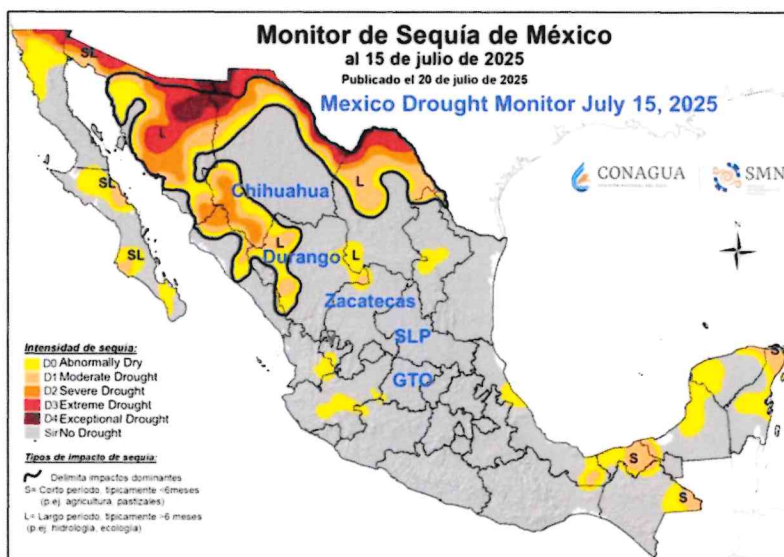
-Weather

CONAGUA's Mexico Drought Monitor July 15th: In the first half of July 2025, above-average rainfall was observed in the northwest, north, north Pacific, central and southern regions of Mexico, mainly due to the influence of Hurricane Flossie, which continued to move close to the Mexican Pacific coast during the first days of the month, the entry of moisture from both oceans, the presence of low-pressure channels and the passage of 5 tropical waves (8 to 12) over the national territory. These precipitations helped to reduce areas with moderate to exceptional drought (D1 to D4) in the states of Sonora, **Chihuahua**, Coahuila, Sinaloa and **Durango**. As of July 15, 2025, the percentage of areas with moderate to exceptional drought (D1 to D4) at the national level was 17.7%, 4.1% lower than that recorded at the end of June 2025.

According to this report, until July 15th, the bean states of **San Luis Potosi, Guanajuato and Zacatecas, are practically drought-free**. Durango was still experiencing drought in 43% of its territory and Chihuahua in 50% of its territory.

2025 Mexico Crop and Market Update - July

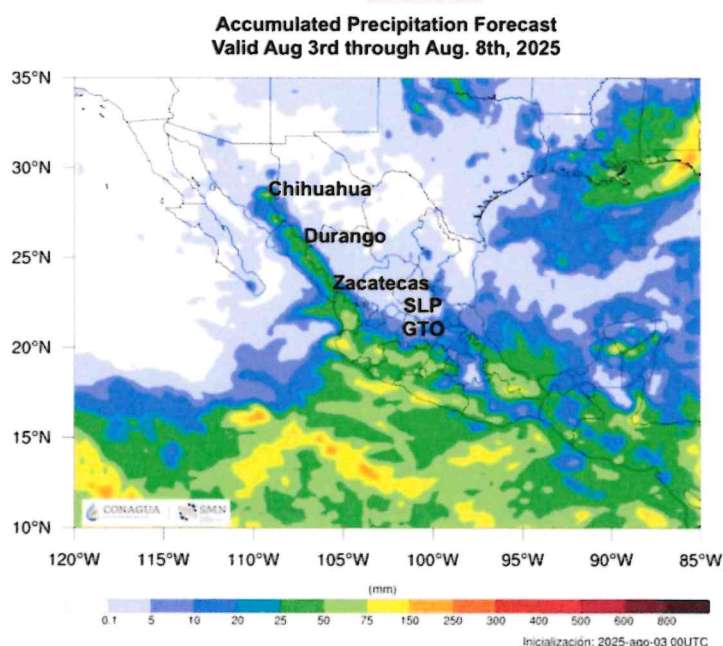
States	Area % Suffering Drought Until July 15, 2025					
	Drought Free Area %	D0	D1	D2	D3	D4
Entidades Federativas						
Aguascalientes	100.0	0.0	0.0	0.0	0.0	0.0
Baja California	55.4	28.2	6.5	5.4	3.7	0.8
Baja California Sur	55.8	35.7	8.5	0.0	0.0	0.0
Campeche	68.9	27.4	3.7	0.0	0.0	0.0
Coahuila de Zaragoza	46.9	14.8	21.2	7.1	8.5	1.5
Colima	100.0	0.0	0.0	0.0	0.0	0.0
Chiapas	78.6	13.5	7.9	0.0	0.0	0.0
Chihuahua	50.7	13.5	12.5	11.1	7.3	4.9
Ciudad de México	100.0	0.0	0.0	0.0	0.0	0.0
Durango	66.7	23.3	10.0	0.0	0.0	0.0
Guanajuato	98.3	1.7	0.0	0.0	0.0	0.0
Guerrero	100.0	0.0	0.0	0.0	0.0	0.0
Hidalgo	100.0	0.0	0.0	0.0	0.0	0.0
Jalisco	85.0	15.0	0.0	0.0	0.0	0.0
Estado de México	100.0	0.0	0.0	0.0	0.0	0.0
Michoacán de Ocampo	97.1	2.9	0.0	0.0	0.0	0.0
Morelos	100.0	0.0	0.0	0.0	0.0	0.0
Nayarit	86.1	13.9	0.0	0.0	0.0	0.0
Nuevo León	84.0	13.3	2.7	0.0	0.0	0.0
Oaxaca	98.9	1.0	0.1	0.0	0.0	0.0
Puebla	99.3	0.7	0.0	0.0	0.0	0.0
Querétaro de Arteaga	100.0	0.0	0.0	0.0	0.0	0.0
Quintana Roo	55.0	30.9	14.1	0.0	0.0	0.0
San Luis Potosí	100.0	0.0	0.0	0.0	0.0	0.0
Sinaloa	60.5	22.9	8.0	8.6	0.0	0.0
Sonora	10.2	18.4	19.6	22.5	20.5	8.8
Tabasco	30.5	30.0	39.5	0.0	0.0	0.0
Tamaulipas	98.0	1.1	0.9	0.0	0.0	0.0
Tlaxcala	100.0	0.0	0.0	0.0	0.0	0.0
Veracruz	81.9	14.5	3.6	0.0	0.0	0.0
Yucatán	58.4	38.0	3.6	0.0	0.0	0.0
Zacatecas	97.2	2.7	0.1	0.0	0.0	0.0




CONAGUA's Rain Forecast Summary of the 72-to-96-hour forecast Summary of the 72-to-96-hour forecast (Tuesday, Aug 5th to Thursday, Aug 9th, 2025)

On Tuesday Aug 5th, the new Tropical Wave No. 20, will move over the Yucatan Peninsula and southeastern Mexico, and will be associated with a low-pressure area with probability of cyclonic development south of the coasts of Chiapas, causing heavy to very heavy rains in these regions, forecasting heavy rains in Oaxaca, Chiapas, Tabasco and Veracruz.

During the forecast period, the **Mexican monsoon** will generate showers and intervals of showers in the northwest of Mexico. Likewise, the hot to very hot weather will continue over northern Mexico, the Pacific coast, the Gulf of Mexico coast and the Yucatan Peninsula, while the heat wave will persist in areas of Baja California, Baja California Sur, Sonora and Sinaloa.





2025 Mexico Crop and Market Update - July

Trade Policy

TARIFFS. August 1st update

-After announcing on July 12th, the implementation of tariffs as part of Fentanyl Sanctions. On July 30th, President Trump paused for 90 days, the 30% Tariffs to Mexican imports on that were scheduled to start on August 1st

-Steel, Aluminum, Beer, Beer Cans and Cars made in Mexico, On June 3rd, President Trump announced the increase of these tariffs to 50%, -up from 25% last month, effective first minute of June 4th. This was a disappointing surprise for the Mexican Secretary of Economy Marcelo Ebrard, who had announced hours earlier, underway negotiations to reduce it to 5%. President Sheinbaum stated that tariffs are unfair and that Mexico will consider taking measures. Sec. Ebrard is traveling to Washington June 6th, to conduct different meetings with US counterpart, this tariff is adding to his urgent matters' agenda.

-USMCA Renegotiation, originally scheduled to start on April 2026, has been re-scheduled to begin next September, a change that is perceived as positive, as it could help to provide certainty to the different industries and sectors of the economy

-Mexican Tomatoes receiving 20.91% tariff starting July 14, 2025, ending a bilateral agreement signed in 2019, due to dumping prices, unfair for US tomato producers. The Mexican government consider these as unfair, but is not announcing retaliation

-Mexico-Texas Water 1944 Treaty: Mexico started supplying water to Texas in the third week of April, after President Trump threatened to impose tariffs if Mexico continued to fail complying with this treaty.

On the morning of April 3rd, Mexican President Claudia Sheinbaum stated that there will not be any retaliatory tariffs or measures from Mexico, and that she is happy that Mexico received preferential treatment with no blanket tariffs. Secretary of Commerce Marcelo Ebrard confirmed that, according to that document, Mexican exports to the United States that comply with the USMCA rules, are exempt, zero tariff, including food and agriculture, automotive parts, etc.

-According to that document, Mexican exports to the United States that comply with the USMCA rules, are exempt, zero tariff, including food and agriculture, automotive parts, etc.

-Tariffs for other merchandises that are exported to the USA and are not currently complying with USMCA rules, will be subjected to 25% tariff, however, in the case of Mexico, if there continues to be progress in stopping immigration and drug trafficking, these tariffs could be



2025 Mexico Crop and Market Update - July

reduced to 12%.

-He said they have an aggressive plant to achieve that in the next 40 days. These products include automotive parts, aluminum and steel. Secretary Ebrard announced that Mexican exporters of non-complying products and the government, are actively working on complying with the rules of origin to achieve compliance with the USMCA to reach zero-tariffs

-Ten energy products that are not complying with the USMCA rules of origin, will be subjected to 10% tariff

- **MRL'S Prohibition update:** On March 31st, President Claudia Sheinbaum announced that her administration is working on a new decree, soon to be announced, to ban the use of many pesticides in Mexican agriculture, including DDT and other that are banned in many countries but not in Mexico.

-**GMO CORN update:** On Monday March 17th, the Mexican Government published in the Official Gazette, the Constitutional law, banning GMO corn from being planted in Mexico. This could potentially evolve again, into a trade dispute in the future. GMO Corn and Glyphosate import restrictions were lifted on February 5th, in compliance with the USMCA controversy decision in favor of the USA, reversing the former MX President AMLO's 2023 decree to ban both products. The Mexican government however, is working in a Constitutional decree to fully ban the cultivation in Mexico, of non-natural genetic modifications in corn, however, the Mexican Congress will fight to completely ban the cultivation any form and kind of GMO corn in Mexico, to protect the Mexican original heirloom corn varieties


Mexico Economic Report – July 2025

By Mercalimentos with info from: BANXICO, INEGI, SAT, oilbmex, PEMEX

Mexico's Main Economic Indicators	Information Available August 1, 2025
Population - 2020 NEW CENSUS (INEGI) last update 2021	126.014 million
National GDP Growth Annual (est. 2024)	1.2%, down from 3.2 % in 2023
Average Exchange Rate Avg. July 2025	MX\$18.69 / MX\$19.05 June / MX\$20.44 May / USD. MX\$20.09 in Apr
Unemployment Rate June 2025	2.69%,
Inflation Rate Y/accu to June 2025 est.	4.25%, up from 3.77% in March
Mexican Crude Oil Price July 1, 2025	US\$66.54 per barreil - US\$74.80 in March 2024
International Reserves July 25, 2025	US\$242.34 billion
Trade Balance Imports-Exports Y2024 USA-MX	US\$839.9 billion both ways

-After announcing on July 12th, the implementation of 30% tariffs to all Mexican origin products as part of Fentanyl Sanctions. President Trump paused for 90 days the 30% Tariffs to Mexican imports on that were scheduled to start on August 1st, after speaking with Mexican President Claudia Sheinbaum on July 31st, just hours before the deadline. Dr. Sheinbaum reported that the call was very productive and in a very respectful environment.

-President Trump emphasized that Mexico must continue collaborating to stop fentanyl, drug



2025 Mexico Crop and Market Update - July

cartels and migrants, and stressed that (in terms of negotiations) Mexico sets apart from other countries-markets, due to the deep integration with the United States.

-Specialists consider that this could be the last time Mexico has to negotiate to stop tariffs, towards the renegotiation of the USMCA, scheduled to begin in September 2025, highlighting that as of today, Mexico would be the only country in the world having a Free Trade Agreement with the United States, with most products subject to zero-tariff.

-The tariffs that remain in place: **Steel, Aluminum, Beer, Beer Cans and Cars made in Mexico**, On June 3rd, President Trump announced the increase of these tariffs to 50%, -up from 25% last month, effective first minute of June 4th. **Mexican Tomatoes** receiving 20.91% tariff since July 14, 2025

-INEGI reported that **Mexico grew +0.7% in Q2 and 1.2% Y/Y**, signaling that no recession is at the door, for now, good news for a year full of uncertainty for Mexico and with geopolitical challenges and financial volatility in the world.

-The Mexican Central Bank continues to expect a growth between 1.5% and 2.3% for 2025, however, economic **analysts consider that Mexico will grow only 0.2% this year**, as challenges and uncertainty on the USMCA continue to mount

-Agriculture and livestock, top three sectors for the Mexican GDP, decreased -1.3% in Q2, mainly due to the suspension of Mexican Cattle exports to the USA amid the Screwworm epidemic, and the Mexican Tomato tariffs

-Foreign remittances coming from Mexicans working abroad, top 5 in the Mexican economy, reduced -16.2% annual in June, the largest reduction ever recorded, affecting consumption in several states across Mexico

-Mexican Consumer Confidence Index registered an annual decrease of -1.2 units in July, accumulating 7 consecutive months down, with consumers expressing that they feel that the economy is not doing well now compared to a year ago, and will not improve in the next 12 month

-Exchange rate according to MONEX: the Mexican peso has recovered ground and was positioned in 11th place among the currencies of emerging countries that presented the greatest gains against the dollar.

Also, according to analysts, the recent 90-day pause of the tariffs helped the Mexican Currency to strengthen, however, in general, it has remained remarkably strong in the last month.

Average exchange rate in July was MX\$18.69 / USD, down from MX\$19.05 / USD in June and MX\$20.44 / USD in May 2025



2025 Mexico Crop and Market Update - July

MEXICO NEWS CLIPPINGS

USDBC Disclaimer: In the following section the USDBC disseminates information published in Newspapers and Magazines related to beans (excerpts). The statements or numbers shown in each article are not necessarily in agreement with the USDBC.

Nayarit Will Have Improved Bean Seed Meganoticias July 31, 2025

In the frame of the Bean Self-Sufficiency Plan, the Mexican Government is considering Nayarit as one of the key states to produce and distribute improved bean seed, as part of a national strategy to strengthen bean production and reduce dependence on imports.

The Ministry of Agriculture and Rural Development (SADER) informed that, through the recently created PROSEBIEN, the National Seed Producer company, where 4,500 MT of improved seed were produced this cycle, of which 530 MT were already delivered as of July 30 in Zacatecas and Durango; seeking to benefit more than 4,300 small producers, who will plant on 21,000 hectares.

For Nayarit, the distribution of this seed is scheduled for the Fall-Winter 2025 agricultural cycle, with the purpose of offering high quality genetic inputs at affordable prices; this measure seeks to boost yields, guarantee food sovereignty and raise the quality of the beans produced in the state.

Among the varieties to be distributed is «Negro San Luis» black beans, developed by the National Institute of Forestry, Agriculture and Livestock Research (INIFAP), soon to be registered in the National Catalog of Plant Varieties under the name San Luis 22. This variety is resistant to diseases such as common blight, rust, anthracnose and common bean mosaic, and is ideal for rainfed crops in the Altiplano and El Bajío regions.

The creation of PROSEBIEN aims to achieve a national production of 1.1 million MT of beans by 2030, by strengthening farmer production in key states such as Zacatecas, Durango, Nayarit, San Luis Potosí, Chiapas, Veracruz, Guerrero and Puebla.

August rains will be decisive for planning the next agricultural cycle in Sinaloa: CNA Linea Directa August 1, 2025

August rains are forecast to be above the historical average, predicted Jesús Antonio Cruz Varela, general director of the National Water Commission's North Pacific Basin Agency.

Culiacán, Sinaloa. The forecast of abundant rains for Sinaloa remains very favorable during the month of August, which will be above the historical average, predicted Jesus Antonio Cruz Varela, general director of the North Pacific Basin Agency of the National Water Commission (Conagua). He considered that this is a good incentive for agricultural producers to also have a traceability, not certain, but predicted that they will have good runoff to the dams, and thus be able to have sufficient volumes for the next 2025-2026 cycle.

In an interview during the first broadcast of the news program Línea Directa, the federal official recommended farmers to continue taking the water care measures, that is to say, the most appropriate ones that gave them results in the previous planting to continue conserving the levels in the dams for future cycles.

USDBC Mexico Report

2025 Mexico App & Social Media
July



US Dry Bean Council Representation Office Mexico City
Mercialimentos Consultores SC
info@mercalimentos.com

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2025 Mexico App & Social Media - July

Latest published News

18/07/25	Why Beans Are the Ultimate Future-Proof Ingredient	
16/06/25	The Sustainability of U.S. Beans	
15/05/25	Beans contain the nutrients and benefits found in both vegetable and non-meat protean sources.	
15/04/25	Prospective Plantings 2025 - Dry Edible Pea Area Planted	
14/03/25	The Use of Bean Flour: Quality and Nutritional Contribution	
21/02/25	Nutrition Journal Publishes Critical Study on Beans, Pulses and Health	
17/01/25	The New Uses of Beans in the Global Food Service Segment	

2025 Mexico App & Social Media - July

iTunes Store

July 1st - 30th App

Impressions on iTunnes: 3,910

Downloads: 18

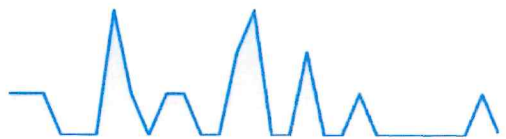
IMPRESIONES ?

3,91 mil +23 %



DESCARGAS TOTALES ?

18 +13 %



App Life Time Results

App Impressions iTunnes: 15,900

Downloads: 423

IMPRESIONES ?

15,9 mil 0 %



DESCARGAS TOTALES ?

423 0 %



Top Countries

United States: 14

Canada: 2

Argentina: 1

Denmark: 1

Descargas totales por territorio ▾

[Ver todo](#)

Estados Unidos	14
Canadá	2
Argentina	1
Dinamarca	1

Top Countries

United States: 238

México: 59

Colombia: 10

Costa Rica: 10

South Korea: 10

Descargas totales por territorio ▾

[Ver todo](#)

Estados Unidos	238
México	59
Colombia	10
Costa Rica	10
República de Corea	10



2025 Mexico App & Social Media - July

Play Store

July 1st - 27th

Store listing visitors: 7

Downloads: 5

Top Countries

United States: 3

India: 1

Mexico: 1

Store listing visitors ?

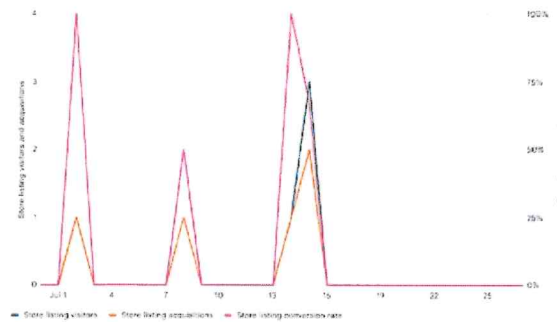
7

+40% ▲ vs. previous period

Store listing acquisitions ?

5

+66.67% ▲ vs. previous period



Countries / regions ?

Country / region	Store listing acquisitions
United States	3
India	1
Mexico	1

All Time

Store listing visitors: 123

Downloads: 95

Top Countries

Mexico: 29

United States: 25

Peru: 7

Argentina: 7

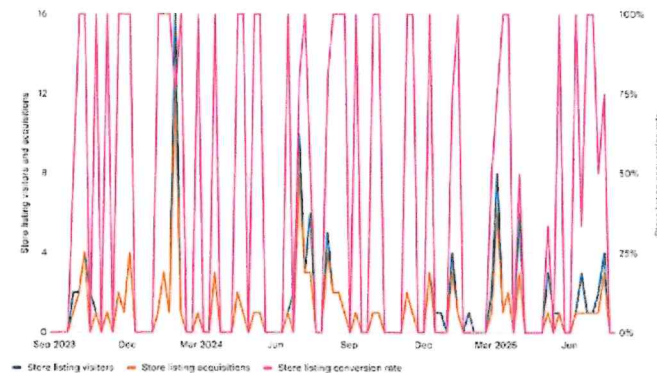
El Salvador: 5

Store listing visitors ?

135

Store listing acquisitions ?

103



Countries / regions ?

Country / region	Store listing acquisitions
Mexico	29
United States	25
Argentina	7
Peru	7
El Salvador	5

Total Results (Android & IOS)

July 2025 - Installs: 23

Total all time - Installs: 526

2025 Mexico App & Social Media - July

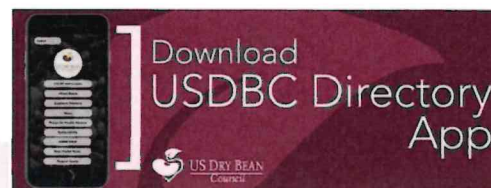
This month, the app users had an increase of 23 new users on both platforms; 18 of them were on iOS, twice as much as last month.

This month, we reached 526 total users of this new version of the app.

This month we continue with the normal app updates, uploading the latest bean market news, published by the USDA (<https://my-marketnews.ams.usda.gov/filerepo/reports>) as well as the news and other content from different resources. These news are published on the app in English, Spanish and Portuguese.

We also sent emails inviting importers from Latin America to download the app. 1,972 emails were sent in Spanish to Latin-American importers, with at least 579 confirmed openers.

Email promoting the USDBC app:



Estimados amigos,

Los invitamos a descargar la App del Consejo Americano del Frijol que se encuentra disponible en las tiendas iTunes y Play Store para iPhone y Android. En la ella tendrán acceso al directorio de exportadores de frijoles de EE. UU., a las últimas noticias de la industria, precios del mercado, próximos eventos, solicitar cotizaciones y mucho más.

Tenemos un sitio web con más información y tutoriales sobre la aplicación. Visite <http://frijol-usa.com/app/>

Para descargar la aplicación, solo tienes que escanear el código QR de la plataforma que te interesa. En caso de que no puedas escanear los códigos QR, siempre puedes descargarla desde los siguientes enlaces:

[iTunes](#) | [Google Play Store](#)

Download
iOS



Download



Si tiene alguna duda o pregunta, no dude en ponerse en contacto conmigo por correo electrónico en victor@mercantilmentos.net

Victor Leal
victor@mercantilmentos.net
Smart Phone Application Team



US DRY BEAN
Council

App updates

As we reported last month, the Google platform is asking to update the API version of the app, giving us a deadline of August 30th. We are already have the built ready; next week we will push the update.

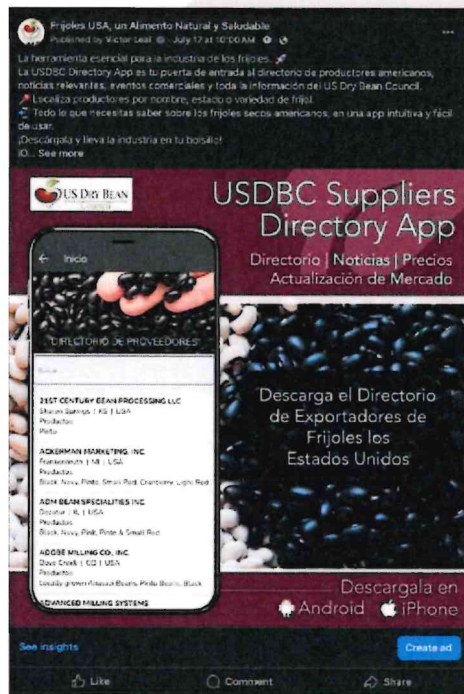


2025 Mexico App & Social Media - July

App social media promotion

On July, we continue promoting the app on social media through a couple of posts on Facebook.

July, 17



July, 31



Frijol USA Facebook Posts - July 19 Facebook posts

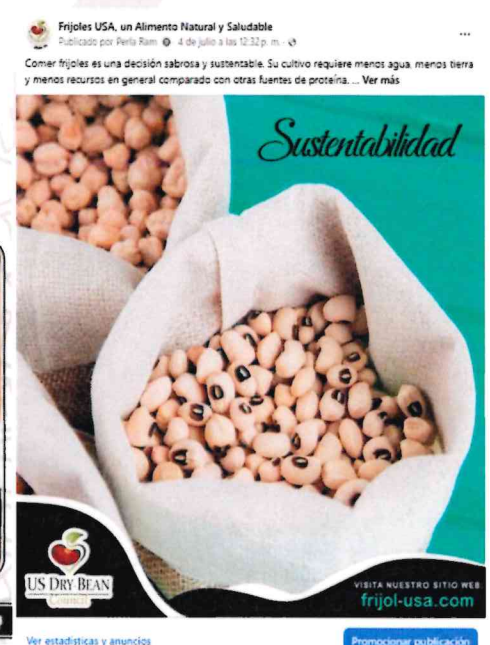
JULY, 2



JULY, 3



JULY, 4

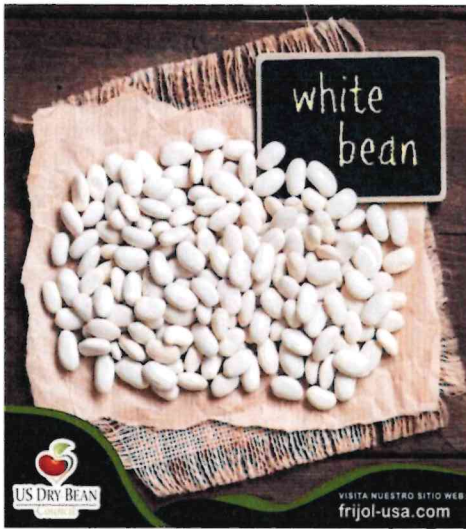


2025 Mexico App & Social Media - July

JULY, 7

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 7 de julio a las 12:34 p. m.

Incluir más alimentos vegetales como los frijoles en tu alimentación diaria es una forma práctica y deliciosa de reducir el impacto ambiental de lo que consumes. Los fr... Ver más



US DRY BEAN COUNCIL


VISITA NUESTRO SITIO WEB: frijol-usa.com

Ver estadísticas y anuncios Promocionar publicación

JULY, 9

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 9 de julio a las 12:09 p. m.

Hay sabores que cuentan historias, y los frijoles son uno de ellos. aben a cocina casera, a comida que nutre el cuerpo y también el alma... Ver más



US DRY BEAN COUNCIL

Ver estadísticas y anuncios Promocionar publicación

JULY, 10

Frijoles USA, un Alimento Natural y Saludable
Publicado por Xavi Mijangos · 10 de julio a las 12:00 p. m.

Manifiéstense los fans de las crepas!!!
#frijoles #baseplantas #plantbased #proteinavegetal #vegetariano #foodies #hazejercicio #proteinavegetal #gastronomia #recetas... Ver más

CREPAS GRATINADAS CON FRIJOL NEGROS

#frijoles #baseplantas #plantbased #proteinavegetal #hazejercicio



US DRY BEAN COUNCIL

Receta FRIJOL-USA.COM

Ver estadísticas y anuncios Promocionar publicación

JULY, 11

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 11 de julio a las 11:59 a. m.

¿Sabías que durante su cultivo, los frijoles tienen la capacidad de fijar nitrógeno en el suelo? Esto mejora naturalmente la calidad del suelo y reduce la necesidad de... Ver más



US DRY BEAN COUNCIL

VISITA NUESTRO SITIO WEB: frijol-usa.com

Ver estadísticas y anuncios Promocionar publicación

JULY, 14

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 14 de julio a las 12:09 p. m.

Los frijoles son fuente de hierro y con la ayuda de vitamina C se absorbe mejor. Combinarlos con jitomate, limón o pimientos para aprovechar todo su potencial. Esta mezc... Ver más

#frijoles #plantbased #proteinavegetal



US DRY BEAN COUNCIL

VISITA NUESTRO SITIO WEB: frijol-usa.com

Ver estadísticas y anuncios Promocionar publicación

JULY, 16

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 16 de julio a las 1:05 p. m.

El potasio es esencial para mantener la presión arterial en equilibrio y los frijoles lo contienen en buena cantidad. También aportan magnesio, un mineral que ayuda... Ver más



US DRY BEAN COUNCIL

Ver estadísticas y anuncios Promocionar publicación



2025 Mexico App & Social Media - July

JULY, 17

Frijoles USA, un Alimento Natural y Saludable
Published by Victor Lual · July 17 at 10:00 AM ·

La herramienta esencial para la industria de los frijoles. La USDBC Directory App es tu puerta de entrada al directorio de productores americanos, noticias relevantes, eventos comerciales y toda la información del US Dry Bean Council.

- Localiza productores por nombre, estado o variedad de frijol.
- Todo lo que necesitas saber sobre los frijoles secos americanos, en una app intuitiva y fácil de usar.

Descárgala y lleva la industria en tu bolsillo! [See more](#)

USDBC Suppliers Directory App
Directorio | Noticias | Precios | Actualización de Mercado

Descarga el Directorio de Exportadores de Frijoles los Estados Unidos

See insights · Like · Comment · Share

JULY, 17

Frijoles USA, un Alimento Natural y Saludable
Published by Xavi Mijangos · 17 de julio a las 12:00pm ·

Juego la hora de cocinar el postre!!
[#frijoles](#) [#baseplantas](#) [#plantbased](#) [#proteinavegetal](#) [#vegetariano](#) [#foodsies](#) [#hazjeercicio](#) [#proteinavegetal](#) [#gastronomia](#) [#recetas](#) [#frijoles](#) · Ver más

BROWNIES DE FRIJOL CON CHOCOLATE, NUECES Y ARÁNDANOS

[#frijoles](#) [#baseplantas](#) [#plantbased](#) [#proteinavegetal](#) [#hazjeercicio](#)

Receta

[Ver estadísticas y anuncios](#) · [Promocionar publicación](#)

JULY, 18

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 18 at 11:53 AM ·

Gusados, sopas, ensaladas, cremas o snacks... ¡los frijoles se adaptan a todo! Su versatilidad en la cocina es tan grande como sus beneficios para la salud. Ya sea en recetas tradicionales o en platos modernos, siempre aportan sabor, textura y nutrientes. ¡Tenélos a mano es un acierto seguro!

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles

[See insights](#) · [Create ad](#)

Versátiles
Gran sabor y nutrición.

[Visita nuestro sitio web: frijol-usa.com](#)

JULY, 21

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 21 at 11:53 AM ·

Los frijoles son una gran fuente de proteína vegetal. Perfectos para quienes buscan alternativas saludables y accesibles. Inclúyelos en tus platos favoritos y disfruta un alimento que nutre, llena y combina con todo.

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles · See more

Excelente fuente de fibra y proteína vegetal

[See insights](#) · [Create ad](#)

JULY, 23

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 23 at 11:59 AM ·

¿Sabías que los frijoles también aportan antioxidantes? Estos compuestos ayudan a proteger las células del daño diario. Comer frijoles es un hábito sencillo que hace la diferencia en tu salud.

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles · See more

[See insights](#) · [Create ad](#)

JULY, 24

Frijoles USA, un Alimento Natural y Saludable
Published by Xavi Mijangos · July 24 at 1:35 PM ·

Logueon (as pizzazz)!!
[#frijoles](#) [#baseplantas](#) [#plantbased](#) [#proteinavegetal](#) [#vegetariano](#) [#foodsies](#) [#hazjeercicio](#) [#proteinavegetal](#) [#gastronomia](#) [#recetas](#) [#foodiesUSAmx](#) [#mercaderias](#) [#comidaessida](#) · Correo más en nuestro sitio web: www.frijol-usa.com · Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles · See more

PIZZA DE FRIJOL NEGROS

[#frijoles](#) [#baseplantas](#) [#plantbased](#) [#proteinavegetal](#) [#hazjeercicio](#)

Receta

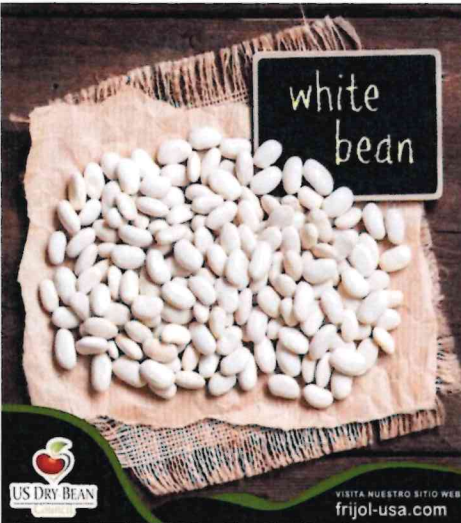
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2025 Mexico App & Social Media - July

JULY, 7

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 7 de julio a las 12:34p. m.

Incluir más alimentos vegetales como los frijoles en tu alimentación diaria es una forma práctica y deliciosa de reducir el impacto ambiental de lo que consumes. Los fr... Ver más



US DRY BEAN COUNCIL


VISITA NUESTRO SITIO WEB: frijol-usa.com

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JULY, 9

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 9 de julio a las 12:09p. m.

Hay sabores que cuentan historias, y los frijoles son uno de ellos. aben a cocina casera, a comida que nutre el cuerpo y también el alma... Ver más



US DRY BEAN COUNCIL

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JULY, 10

Frijoles USA, un Alimento Natural y Saludable
Publicado por Xavi Mijangos · 10 de julio a las 12:00pm

Manifestense los fans de las crepas!!!
#frijoles #baseplantas #plantbased #proteinavegetal #vegetariano #foodies #hazjeercicio #proteinavegetal #gastronomia #recetas... Ver más

CREPAS GRATINADAS CON FRIJOL NEGROS

#frijoles #baseplantas #plantbased #proteinavegetal #hazjeercicio



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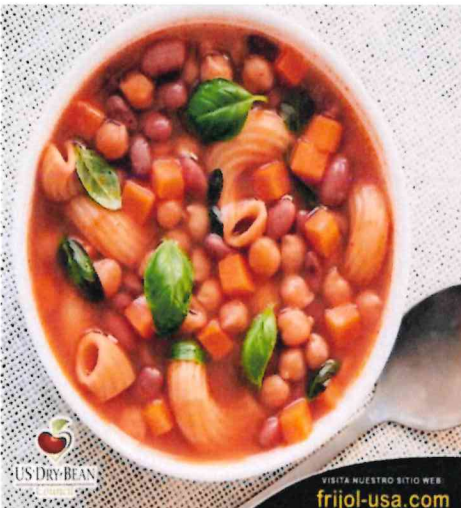
Receta frijol-usa.com

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JULY, 11

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 11 de julio a las 11:59a. m.

¿Sabías que durante su cultivo, los frijoles tienen la capacidad de fijar nitrógeno en el suelo? Esto mejora naturalmente la calidad del suelo y reduce la necesidad de... Ver más



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JULY, 14

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 14 de julio a las 12:09p. m.

Los frijoles son fuente de hierro y con la ayuda de vitamina C se absorbe mejor. Combinalos con jitomate, limón o pimientos para aprovechar todo su potencial. Esta mezc... Ver más

#frijoles #plantbased #proteinavegetal



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JULY, 16

Frijoles USA, un Alimento Natural y Saludable
Publicado por Perla Ram · 16 de julio a las 1:05p. m.

El potasio es esencial para mantener la presión arterial en equilibrio, y los frijoles lo contienen en buena cantidad. También aportan magnesio, un mineral que ayuda... Ver más



US DRY BEAN COUNCIL

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2025 Mexico App & Social Media - July

JULY, 17

Frijoles USA, un Alimento Natural y Saludable
Published by Victor Lead · July 17 at 10:00 AM ·

La herramienta esencial para la industria de los frijoles. La USDBC Directory App es tu puerta de entrada al directorio de productores americanos, noticias relevantes, eventos comerciales y toda la información del US Dry Bean Council.

- Localiza productores por nombre, estado o variedad de frijol.
- Todo lo que necesitas saber sobre los frijoles secos americanos, en una app intuitiva y fácil de usar.
- Descárgala y lleva la industria en tu bolsillo!

id... See more

USDBC Suppliers Directory App
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Actualización de Mercado

Descarga el Directorio de Exportadores de Frijoles los Estados Unidos

21ST CENTURY BEAN PROCESSING LLC
Sharon Springs | KS | USA
Productos: Pinto

ACKERMAN MARKETING, INC.
Fresno/Arvin | CA | USA
Productos: Black, Navy, Pinto, Small Red, Cranberry, Light Red

ADRIAN BEAN SPECIALTIES INC.
Coeleton | IL | USA
Productos: Black, Navy, Pinto, Photo & Small Red

ADAMS MILLING CO., INC.
Orem Creek | CO | USA
Productos: Locally Grown Ancho, Broad, Pinto Beans, Black

ADVANCED MILLING SYSTEMS

Descargala en Android iPhone

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JULY, 17

Frijoles USA, un Alimento Natural y Saludable
Published by Xavi Mijangos · July 17 at 12:00 pm ·

Juego la hora de cocinar el postre!!!
#frijoles #baseplantas #plantbased #proteinavegetal #vegetariano #foods #hazjercicio #proteinavegetal #gastronomia #recetas #... Ver más

BROWNIES DE FRIJOL CON CHOCOLATE, NUECES Y ARÁNDANOS

#frijoles #baseplantas #plantbased #proteinavegetal #hazjercicio

Receta

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JULY, 18

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 18 at 11:53 AM ·

Guisados, sopas, ensaladas, cremas o snacks... ¡los frijoles se adaptan a todo! Su versatilidad en la cocina es tan grande como sus beneficios para la salud. Ya sea en recetas tradicionales o en platos modernos, siempre aportan sabor, textura y nutrientes. ¡Tenélos a mano es un acierto seguro!

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles

See more

Versátiles
Gran sabor y nutrición.

Visita nuestro sitio web: frijol-usa.com

See insights Create ad

JULY, 21

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 21 at 11:53 AM ·

Los frijoles son una gran fuente de proteína vegetal. Perfectos para quienes buscan alternativas saludables y accesibles. Incluyelos en tus platos favoritos y distribuye un alimento que nutre, sana y combina con todo.

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles See more

Excelente fuente de fibra y proteína vegetal

Visita nuestro sitio web: frijol-usa.com

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JULY, 23

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 23 at 11:59 AM ·

¿Sabías que los frijoles también aportan antioxidantes? Estos compuestos ayudan a proteger las células del daño diario. Comer frijoles es un hábito sencillo que hace la diferencia en tu salud.

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles See more

Visita nuestro sitio web: frijol-usa.com

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JULY, 24

Frijoles USA, un Alimento Natural y Saludable
Published by Xavi Mijangos · July 24 at 1:53 PM ·

Llegaron las pizzas!!!
#frijoles #baseplantas #plantbased #proteinavegetal #vegetariano #foods #hazjercicio #proteinavegetal #gastronomia #recetas #foodiesUSA #mercaderias #comidaesvida

Conoce más en nuestro sitio web: www.frijol-usa.com

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles See more

PIZZA DE FRIJOL NEGROS

#frijoles #baseplantas #plantbased #proteinavegetal #hazjercicio

Receta

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2025 Mexico App & Social Media - July

JULY, 25

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 25 at 11:59 AM · 🌱

Los frijoles no solo son saludables, también son versátiles en la cocina y enriquecen nutricionalmente tus recetas. Desde caldos y guisos hasta ensaladas y snacks. ¡Nunca dejes de sorprender! Consume Frijoles y aprovecha todos los beneficios que tienen que ofrecer. Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles... See more



Versátiles y Nutritivos

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JULY, 28

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 28 at 11:59 AM · 🌱

A veces olvidamos lo bueno que tenemos cerca... como los frijoles! 🌱 Sabor casero, recetas que aborran y ese toque nutritivo que nunca falla. Son fuente natural de proteína vegetal, fibra, hierro, potasio y antioxidantes. ¡Todo lo que tu cuerpo necesita para sentirse fuerte y lleno de energía! Redescubre su sabor y todo lo que aportan. ¡Volvete a enamorar de este super alimento! 🌱

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles... See more



Todo lo que buscabas ya estaba en tu plato...

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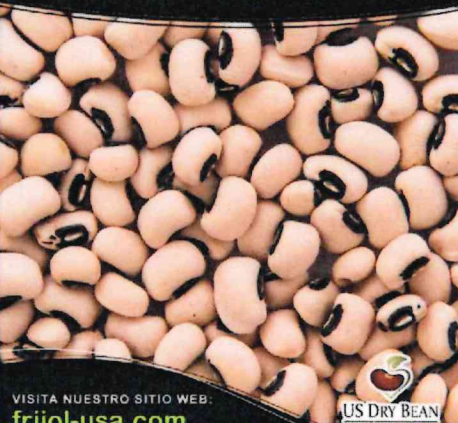
JULY, 30

Frijoles USA, un Alimento Natural y Saludable
Published by Perla Ram · July 30 at 11:59 AM · 🌱

Proteína vegetal, fibra, minerales y antioxidantes... todo en un solo alimento. Los frijoles son la combinación perfecta de sabor y nutrición. 🌱

Si estás interesado en comprar Frijoles te invitamos a: https://foodiesusa.mx/productos_frijoles... See more

#frijoles #proteinavegetal #plantbased



VISITA NUESTRO SITIO WEB: frijol-usa.com

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JULY, 31



Frijoles USA, un Alimento Natural y Saludable
Published by Victor Lavi · Just now · 🌱

Descubre todo sobre los frijoles americanos directamente en tu móvil. 📱 Con la App USDBC Directory, accede a un completo directorio de productores, datos sobre variedades, nutrición y mucho más. Mantente informado con las últimas novedades y eventos del sector.

🌱 Conecta fácilmente con productores, miembros y representantes de la industria a nivel internacional. ¡Descárgala ahora y explora una nueva forma de interactuar con el mundo de los frijoles secos!... See more



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Actualización de Mercado

Descargala en  Android  iPhone

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